

Age and Division

All age divisions for the Whaingaroa Hoe are to be calculated by NKOA/WANZ age division checker see <http://www.wakaama.co.nz/agedivisionchecker>

Junior Paddlers

J16 (11-16)

J19 (14-19)

The **Junior Race** is open to all paddlers who are eligible for '**J16 and J19**' age division in 2019. It is a **COMPULSORY** requirement that **all participants 16 years and under wear a lifejacket at all times.**

All paddlers over 16 years may be required to wear a lifejacket depending on weather conditions, participants will be advised of this at race briefing. Paddlers eligible for '**Junior 19**' in 2019 are able to paddle '**open**' division races at the Whaingaroa Hoe.

Novice Paddlers

The **Novice Race** is open to all paddlers eligible for '**J16 and above**'. Novice paddlers are considered to be those who have been paddling 1 year (or less) and/or have not competed in more than 3 Regattas (Sprints included). Novice teams must have an experienced steerer and be able to complete 8km within an hour.